

# A Prayer for a Thankful Heart



***“God smiles when we praise and thank Him continually. Few things feel better than receiving heartfelt praise and appreciation from someone else. God loves it, too... An amazing thing happens when we offer praise and thanksgiving to God. When we give God enjoyment, our own hearts are filled with joy.” Rick Warren***

It is not easy to give thanks in every circumstance. But when we choose to thank God in the midst of difficulty, it defeats the forces of darkness in the spiritual realm. When we thank God for every gift He has given us even when things are hard, the enemy loses the battle against us. He is stopped in his tracks when we come to God with a thankful heart.

Learn to be thankful for every blessing from God in your life. It is of great significance to Him if in the midst of great trials, we can be thankful. There is a way of looking at life from the standpoint of eternity. The reality of eternal life and eternal glory that far exceeds this life is a priceless treasure. Our afflictions are working for us a far more exceeding and eternal weight of glory.

## **My Prayer for a Thankful Heart**

Lord, teach me to offer You a heart of thanksgiving and praise in all my daily experiences of life. Teach me to be joyful always, to pray continually, and to give thanks in all my circumstances. I accept them as Your will for my life (1 Thessalonians 5:16-18). I long to bring pleasure to Your heart daily. Break the power of the enemy in my life. Defeat him through my sacrifice of praise. Change my outlook and attitude into one of joyful contentment with my present circumstances. I thank You for... [Name a difficult circumstance in your life presently and thank God for it.]

Jesus, I want to be like You who obeyed the Father without complaint. You embraced the chains of humanity when You walked this earth. Convict me whenever I complain or compare myself with others. Give me Your attitude of humility and thankful acceptance. I want to be like the Apostle Paul who learned contentment in every circumstance. I choose to continually

offer You a sacrifice of praise, the fruit of lips that give praise to Your name (Hebrews 13:15). I long to bring a smile to Your face. Teach me the power of a thankful heart. I know that Your truth dwells in a thankful heart.

***“I will give thanks to the LORD because of His righteousness and will sing praise to the name of the LORD Most High. O LORD, our Lord, how majestic is your name in all the earth! You have set your glory above the heavens” (Psalm 7:17-18:1). In Jesus’ name, amen.***

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