

Questions to Help Eliminate Distractions



“Often, it is not evil pursuits that rob your time. Rather, the temptation is to sacrifice what is best for what is good. The enemy knows that blatantly tempting you with evil will be obvious, so he will lure you with distractions, leaving you no time to carry out God’s will. He will tempt you to so fill your schedule with good things that you have no time for God’s best. You may inadvertently substitute religious activity for God’s will, pursuing your own goals for God’s kingdom instead of waiting for His assignment. Time is a precious commodity. Be sure to invest it wisely.” Henry Blackaby

The following are some personal questions to ask yourself that relate to distractions and living a focused life. Spend time before the Lord carefully praying through each question and making life adjustments where necessary. Write everything down, especially what the Lord is saying to you. Ask yourself:

- What are some ways the enemy is distracting me?
- What good things in my schedule are leaving no time for the best? What can I eliminate?
- Is there any priority in my life where I am losing focus?
- What am I doing to keep prayer as a top priority in my life?
- Is there anything I am doing that is a waste of precious time?
- Am I keeping God as my main focus? Am I abiding in Him daily, or am I too busy?

Ask God to help you live with Him as your focal point in all that you do. Weekly do this evaluation, asking God for help in any weak areas and rejoicing in any progress you are making. Make prayer and intercession a top priority in your life.

I encourage you to choose prayer as a top choice when you have to make a decision between two alternatives. I have found that choosing prayer above other things in most decisions is a very good choice. I have tried to do this for years. It has made choices easier to make, and I have found that God redeems the time in many varied and unusual ways. You can never lose if you choose prayer. Abiding in God and prayer saves time more than we could ever realize.

“The real test at the end of the age is: can we live in a place of focused renewal? Those whom I have known who have fallen into sin, never were taken in suddenly by the enemy. Their failure was always precipitated by an earlier erosion of their focus; their time with God was incrementally replaced with non-spiritual things. Left without the help of God, Satan’s temptation came to a heart vulnerable and without strength to resist.” Francis Frangipane

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