

# Ways to Touch Heaven's Strategy of Power



A faster way to enter into the throne room of God is through worship, praying the Word of God, and fasting. This brings us quickly into heaven's perspective. These are three secrets to a deeper prayer life.

You and I have every spiritual blessing in Christ. We read in Ephesians 1:3:

***"Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ."***

We touch heaven through our praise, through praying the Word, and when we deny ourselves through fasting. We are then able to concentrate more fully on God's heart. Let's look at these three ways, along with quotes from Michael Howard in his book *Proven Arrows of Intercession*.

- Worship and Praise - Worship, praise and thanksgiving should be incorporated into your life as much as possible. When you are down or discouraged, try the medicine of praise and thanksgiving. It is a good medicine because it puts your attention back upon the greatness and the glory of God. Praise is a powerful weapon of war.

***"We can never underestimate praise as one of the greatest and most powerful weapons of war which the Lord has placed in our hands. And, when praise becomes high praise, it commands the unlimited resources of heaven because it gives absolute glory to the Lord. In a way which is beyond our understanding, deliverance and redemption are wrought through praise with great power for such conclusively speak of the supreme victory of Jesus."***

- Pray the Word of God - If you want to grow in your prayer life, start praying the Bible. God loves us to pray His Word and use the sword of the Spirit in intercession for the lost. It keeps us on-target, and we begin to think the very thoughts of God.

***"The promises and blessings of God's Word are conditional. What God has done before, He will do again under the same climate and by the same standards. It is for this reason that intercession must be solidly built upon and directed by the Word. This means that the intercessor must know and quote the Word. This is not so the devil can hear but because a case must be made before the Lord... God is committed to His Word and the fulfilling of it."***

- Fast and Pray - Fasting is a key to a powerful prayer life. Fasting together with prayer will help you to tap into heaven's riches and strategy in a way nothing else can. It quiets your outer man so that your inner man can hear the heartbeat of heaven.

***"Jesus was always 'prayed and fasted up' while the disciples were not. This is why He always had authority in any situation. It is too late in the crisis to 'get fasted and prayed up,' so to speak... The benefits, blessings and powers of fasting are clearly revealed in the Word. Firstly, fasting brings the flesh into submission in all areas and herein lies the secret of the power... Fasting is a total denial of self that is mandatory if one is to be a true disciple of Jesus (Matthew 16:24). Thirdly, there is a mysterious relationship between fasting and the***

***power of heaven intervening on our behalf.”***

Is it always easy to go heaven's way? No, we are so often tempted by earth's attraction. We are tempted by quick results and man-made schemes, by things that look so good. We are attracted by fleshly fame and fortune. But in reality prayer is what really will get the job done. Prayer and intercession will bring glory to the King and touch earth with heaven's riches. Prayer is the strategy of heaven. Prayer is the work, the strategic work, of the Kingdom. Prayer will prepare the way for the King.

Never forget this truth, because your enemy will tempt you in every way possible to get the job done through human resources. He will promise you a quick, painless way to get results. But the quickest way is to go straight to the King in prayer. And He will reveal to you a strategy of life that will release His greatest glory through you here on earth. Why is this true? It is because you will be living and doing exactly what you were made for.

And I promise you that this is a joyful and fulfilling way to live.

***“God puts no limitations on His ability to save through true praying. No hopeless conditions, no accumulation of difficulties, no desperation in distance or circumstances can hinder the success of real prayer. The possibilities of prayer are linked to the infinite rectitude and to the omnipotent power of God. There is nothing too hard for God to do. God is pledged if we ask, we shall receive. God can withhold nothing from faith and prayer.” E. M. Bounds***

By Debbie Przybylski

Intercessors Arise International

Equipping believers to grow in prayer, intercession, and intimacy with God.

[intercessorsarise.org](http://intercessorsarise.org)